



Freeze Dried Fruits

- Banana
- Mango
- Strawberry
- Chickoo [Sapota]
- Apple
- Pomegranate
- Pineapple
- Kiwi
- Orange
- Pink/White Guava
- Dried Amla [Goseberry]

- Papaya
- Jack Fruits
- Olives
- Custord Apple
- Peach
- Prickly Pear
- Dragon Fruit
- Nani
- Black Jamun [Rassberry]
- Others on Request.

Freeze Dried Vegetables

- Okra
- Green Peas
- Sweet Corn
- Onion [Red/White]
- Garlic
- Tomato
- Potato
- French Beans
- Flat Beans
- Spring Onion
- Ginger
- Lemon Peel

- Lemon Flakes
- Carrot
- Bell Pepper [Green/Yellow/Red]
- Bitter Ground
- White Button Mushroom
- Brinjal
- Cabbage
- Zucchini
- DrumStick
- Others on Request.

Freeze Dried Powders

- Mango Powder
- Strawberry Powder
- Banana Powder
- Custrad Powder
- Blackberry Powder
- Sapota Powder
- Pomegranate Powder
- Pinneapple Powder
- Pink/White Guava Powder
- Papaya Powder
- Prickly Pear Powder

- Green Peas Powder
- Sweet Corn Powder
- Leek Powder
- Coriender Powder
- Mint Powder
- Amla Powder
- Carrot Powder
- Spinach Powder
- Ginger Powder
- Beet Powder
- Potato Powder
- Others on Request.

Freeze Dried Dairy Powders

- Camel Milk Powder
- Cow Milk Powder
- Cow Colostrum Powder
- Goat Milk Powder

- Mango Milk Shake
- Spota Milk Shake
- Custard apple Milk Shake
- Dragon Fruit Milk Shake
- Musk Melon Milk Shake
- Banana Apple Milk Shake
- Papaya Thick Juice
- Cold Coco
- Others on Request.

Freeze Dried Ready To Eat

Breakfasts

- Bataka Pauva
- Khamni
- Vagharela Khaman
- Locho
- Poha
- Rava Upma
- Mataki Misal
- Ragada Samosa [Crush]
- Ragada Kachori [Crush]
- Desi Corn Crush
- Mendu Vada Sambhar
- Idli Sambhar
- Chapati Chiwada

Gujarati Food

- Turiya Patra
- Lilva
- Moong Masala
- Pav Bhaji
- Gujarati Dal Rice
- Baigan Bharatha
- Kadhi Khichdi
- Lasooni Methi
- Tindola Bataka Mix Sabji
- Undhiyu
- Dal Dhokali
- Sev Tomato
- Cheese Paneer Gotala
- Dal Bati
- Green Pav Bhaji

Punjabi Food

- Paneer Butter Masala
- Paneer Bhurji
- Dal Makhani
- Kaju Masala
- Paneer Tikka
- Mix Veg.
- Shahi Kofta
- Dal Palak
- Chole Masala
- Rajama Masala
- Khoya Kaju Masala
- Sarson Da Saag
- Rajma Chawal
- Urad Chana Ki Dal

Maharastra Food

- Shevaga Bhaji
- Chawali Masala
- Moong Masala
- Urad Dal Masala
- Mataki Misal
- Bhindi Masala
- Suran Masala
- Mix Veg.
- Soya Bhurji
- Bharali Vangi
- Black Gravy
- Kanda Batata Bhaji
- Patodi Masala

Jain Food

- Paneer Tikka
- Paneer Butter Masala
- Paneer Bhurji
- Palak Paneer
- Poha
- Khamni
- Dal Makhani
- Chole Masala
- Mix Veg.
- Veg Biryai
- Dal Khichdi
- Masala Khichdi
- Idli Sambhar
- Medu Vada Sambbhar
- Upma

Rice Dishes

- Veg Biryani
- Tawa Pulao
- Masala Khichdi
- Jeera Rice
- Butter Dal Khichadi
- Pongal Rice
- Tamarind Rice
- Curd Rice
- Multi Grain Khichadi

Desserts

- Rava sira
- Mong Dal Halwa
- Gajar Halwa
- Dudhi Halwa
- Akhrot Halwa
- Sweet Corn Kheer
- Makhana Rabadi
- Amrakhand
- Amerikan Delite
- Shrikhand
- Rajbhog Matha

Notes

- Freeze dried ingredients are customize as per customer requirement.
- Image & Packaging are just to understand ingredient
- Confirm about ingredient availability & lead time before placing an order. (As it process from fresh Ingredient)
- Ingredient pack in 3 layer bulk pouch.

Freeze Dried Vs. Dehydrated Vs. Frozen Vs. Fresh

| | FRESH | FREEZE-DRIED | DEHYDRATED | CANNED | FROZEN |
|------------------------------------|---------------------------|-------------------------|----------------------------------|--------------------------------------|---|
| FLAVOR Compared to Fresh | As nature intended | Very close | Similar | Intensified | Very close |
| NUTRIENTS | Major source of nutrients | Nutrients are preserved | Blanching removes some nutrients | High temperatures degrade nutrients* | Steady temperatures safeguard nutrients |
| COLOR | Vibrant and bright | Maintained | Slightly dull | Slightly dull | Maintained |
| TEXTURE | As nature intended | Crunchy | Chewy | Mushy | Hard, then soft |
| SEASONALITY | Season-dependent | Year-round | Year-round | Year-round | Year-round, if stored correctly |
| SHELF LIFE | Very short | Very long | Very long | Long | Short |
| ADDED SUGAR/SALT | None | None | Often | Often | Rarely |
| WEIGHT | Heavy | Light | Medium | Heavy | Heavy |
| PREPARATION | Varies | No prep | Rehydrate | Drain, rinse | Defrost |

Contact Us

Phone Number/ Whatsapp: +91 70482 76245 / +91 95109 28221
 Email ID: Sales@frostyharvest.in
 Address: 6067, RTT, Magob, Surat, Gujarat, India, 395010.
 Website: Frostyharvest.in