Mango Strawberry Chickoo [Sapota] **Apple** Pomegrante **Pineapple** Kiwi Orange Pink/White Guava Dried Amla [Goseberry]

Papaya **Jack Fruits** Olives **Custord Apple** Peach **Prickly Pear Dragon Fruit** Nani Black Jamun [Rassberry] Others on Request.

Freeze Dried Vegetables

Okra Green Peas **Sweet Corn** Onion [Red/White] Garlic Iomato **Potato** French Beans Flat Beans **Spring Onion** Ginger Lemon Peel

Mango Powder

Lemon Flakes Carrot Bell Pepper [Green/Yellow/ Red] Bitter Ground White Button Mushroom Brinjal Cabbage Zucchini **DrumStick** Others on Request.

Freeze Dried Powders

Strawberry Powder Banana Powder **Custrad Powder** Blackberry Powder Sapota Powder Pomegranate Powder Pinneapple Powder Pink/White Guava Powder Papaya Powder Prickly Pear Powder

Sweet Corn Powder Leek Powder Coriender Powder Mint Powder Amla Powder Carrot Powder Spinach Powder Ginger Powder **Beet Powder** Potato Powder Others on Request.

Green Peas Powder

Camel Milk Powder Mango Milk Shake

Freeze Dried Dairy Powders

Cow Colostrum Powder Goat Milk Powder

Cow Milk Powder

Spota Milk Shake Custard apple Milk Shake Dragon Fruit Milk Shake Musk Melon Milk Shake Banana Apple Milk Shake Papaya Thick Juice Cold Coco Others on Request. Freeze Dried Ready To Eat

Gujarati Food Breakfasts

Khamni Vagharela Khaman

Bataka Pauva

Locho Poha Rava Upma Mataki Misal Ragada Samosa [Crush] Ragada Kachori [Crush] Desi Corn Crush Mendu Vada Sambhar Idli Sambhar Chapati Chiwada **Punjabi Food**

Paneer Bhurji Dal Makhani Kaju Masala

Paneer Tikka

Mix Veg.

Paneer Butter Masala

Shahi Kofta Dal Palak Chole Masala Rajama Masala Khoya Kaju Masala Sarson Da Saag Rajma Chawal Urad Chana Ki Dal **Jain Food** Paneer Tikka Paneer Butter Masala Paneer Bhurji Palak Paneer Poha

Dal Makhani Chole Masala

Khamni

Mix Veg. Veg Biryai Dal Khichdi Masala Khichdi Idli Sambhar Medu Vada Sambbhar Upma

FRESH

As nature

of nutrients

Vibrant and

Lilva Moong Masala

Turiya Patra

Pav Bhaji Gujarati Dal Rice Baigan Bharatha Kadhi Khichdi Lasooni Methi Tindola Bataka Mix Sabji Undhiyu Dal Dhokali Sev Tomato Cheese Paneer Gotala Dal Bati Green Pav Bhaji **Maharastra Food** Shevaga Bhaji

Moong Masala **Urad Dal Masala**

Chawali Masala

Mataki Misal Bhindi Masala Suran Masala Mix Veg. Soya Bhurji Bharali Vangi Black Gravy Kanda Batata Bhaji Patodi Masala **Rice Dishes** Veg Biryani Tawa Pulao

Pongal Rice Tamarind Rice **Curd Rice**

Masala Khichdi

Butter Dal Khichadi

Jeera Rice

Multi Grain Khichadi Desserts Rava sira Mong Dal Halwa Gajar Halwa Dudhi Halwa Akhrot Halwa Sweet Corn Kheer Makhana Rabadi Amrakhand

American Delite

Rajbhog Matha

Shrikhand

Notes - Freeze dried ingredients are customize as per customer requirement.

- Image & Packaging are just to understand ingredient - Confirm about ingredient availability & lead time before placing an order. (As it process from fresh Ingredient) - Ingredient pack in 3 layer bulk pouch.

Freeze Dried Vs. Dehydrated Vs. Frozen Vs. Fresh

DEHYDRATED

Similar

removes

some nutrients

Slightly dull

Chewy

intended FLAVOR Compared to Fresh Blanching Major source High temperatures Nutrients are

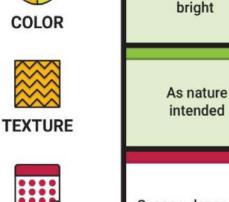
preserved

Maintained

Crunchy

Very close

FREEZE-DRIED





SEASONALITY

NUTRIENTS











None

Light





























CANNED

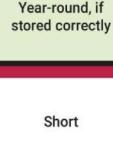
Intensified

degrade nutrients*

Slightly dull

Mushy





FROZEN

Very close

Steady

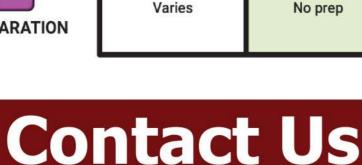
temperatures

safeguard nutrients

Maintained

Hard, then soft





None

Heavy

Email ID: Sales@frostyharvest.in Website: Frostyharvest.in

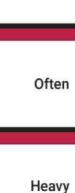
Address: 6067, RTT, Magob, Surat, Gujarat, India, 395010.

Phone Number/ Whatsapp: +91 70482 76245 / +91 95109 28221

Medium



Rehydrate



Drain, rinse

